Nutritional Support for Cessation of Abnormal Cell Growth and Metastasis

The purpose of this protocol is to powerfully inhibit the growth and spread of abnormal cells by supporting maintenance of healthy cells, repairing damaged DNA and RNA and regenerating normal, genetic control inside cells and enhancing healthy cell-to-cell communication, systemic detoxification and anti-tumor, immune system function.

1) **Hoxsey-Like Formula**: use as directed on special protocol form; a potent, constitutional cleansing and abnormal cell cessation support formulation composed of a special, herbal preparation of *Arctium lappa, Baptisia tinctoria, Berberis aquifolium, Glycyrrhiza glabra, Mahonia aquifolium, Phytolacca decandra, Rhamnus frangula, Rhamnus purshiana, Stillisia sylvatica, Trifolium pratense and Xanthoxylum americanum* and the vital mineral salt, potassium iodide; the ‘Hoxsey formula’ was famous in the mid 20th century for its widely reported, clinical effectiveness; this is a ‘prescription only’ herbal product that must be ordered, as well as supervised, by DrM; please contact us at info@alternativedrmcare.com

2) **Bee Propolis Standardized Extract**: 2 capsules three times daily or 3 capsules twice daily; purified, high potency extract of Bee Propolis, clinically shown to possess potent, anticarcinogenic, antimicrobial, immunomodulatory and anti-inflammatory properties, that suppresses or kills a very wide spectrum of detrimental bacteria, fungi, viruses and protozoa, including antibiotic-resistant *Streptococci*, gram-negative bacteria, Herpes viruses, etc., thereby helping prevent and eliminate opportunistic infections; demonstrated by peer-reviewed research to help prevent breast, brain, colon, liver, lung, prostate, skin cancer, melanoma, leukemia and fibrosarcoma by inducing apoptosis (spontaneous, programmed cancer cell death) in human carcinoma cells.

3) **Curcumin BCM-95**: 3 to 4 capsules three times daily or 5 to 6 capsules twice daily with meals; purified, concentrated, high potency source of curcuminoids demonstrated to have powerful, anticarcinogenic and anti-inflammatory properties and help to induce apoptosis (programmed spontaneous cell death) in human pre-cancerous and cancer cells.

4) **Flax Hull Lignans**: 1 to 2 teaspoon(s) three times daily; purified, concentrated source of lignans called secoisolariciresinol glucosides or SDG, which are mild phytoestrogens that have potent antioxidative, anticarcinogenic, antimitagenic and antitumorogenic properties, demonstrated to protect against and support treatment of breast, colon, prostate and other cancers.

5) **Inflamase**: 5 capsules four times daily between meals on an empty stomach, or as directed by your physician; potent, anti-inflammatory, antioxidant, proteolytic enzyme complex that helps to destroy and digest abnormal cells, prevent abnormal cell adherence and inhibit growth of metastases.

6) **Natto NSK Mega**: 2 capsules twice daily; high potency nattokinase fibrinolytic enzyme that helps remove fibrin coat on cancer cells so that immune cells can destroy them.

7) **Oliver 500 mg**: 2 to 3 capsules twice daily; purified, concentrated source of oleuropein, a secoiridoid monoterpenoid glycoside polyphenol, with potent, antimicrobial, immune modulatory, anticarcinogenic and anti-inflammatory properties effective against a broad spectrum of bacterial, viral, parasitic pathogens, thereby helping to prevent opportunistic infections and diminish inflammatory pain associated with tumors.

8) **PAN 10X**: 5 capsules four times daily between meals on an empty stomach, or as directed by your physician; extremely potent, anti-inflammatory, antioxidant, proteolytic enzyme complex from raw porcine pancreas concentrate that helps to destroy and digest abnormal cells, prevent abnormal cell adherence and inhibit growth of metastases; based upon the effective, cancer research of Dr. William D. Kelley, and Dr. Nicholas Gonzales.
9) **Vital Immunity**: 1 capsule twice daily; purified, concentrated source of immune boosting indole-carbinols, isothiocyanates and sulforaphane glucosinolates from broccoli sprouts and liver detoxifying silymarin from milk thistle extract that help inhibit and repair the toxic, xenoestrogenic (foreign estrogen) effects of environmental poisons, such as dioxan, DDT, PCBs, PBBs, phthalates, plasticizers, etc.

10) **ACG Glutathione Extra Strength** (#RNA700): 12 sprays by mouth three times daily; do not eat or drink for 2 minutes following dose; proprietary blend of N-Acetyl L-Cysteine, Acetyl L-Carnitine, L-Glutathione, L-Glutathione Tripeptides (Reduced), Lipoic Acid (R-Fraction), Ascorbic Acid, and Natural Trace Minerals that help to support detoxification, relieve inflammation, and promote healing of all cells, tissues, and vital organs.

11) **ACZ Nano Zeolite Extra Strength** (#RNA901): 12 sprays by mouth twice daily; do not eat or drink for 2 minutes following dose; purified, concentrated, sub-micronized, clinoptilolite zeolites, a group of micro-porous, negatively charged, crystalline minerals with well-defined structures of the alkaline earth metals that help to remove positively charged toxins, balance pH levels, and restore normal, electrical conductivity in the body.

12) **Aloe 200X** (#D03910): 2 capsules three times daily or 3 capsules twice daily; purified, high potency complex of acemannans from *Aloe vera* that exert potent, immune system boosting and antimicrobial effects via the stimulation of cytokine, interferon, macrophage and phagocyte activity; most effective when used in concert with IAG.

13) **Andrographis 400 mg** (#PF0488): 2 to 3 tablets twice daily; purified, concentrated extract of *Andrographis paniculata* providing Andrographolide that possesses potent, anti-carcinogenic, antimicrobial, and immunomodulatory properties, exerting direct anticancer activity on cancer cells via cell-cycle arrest at G0/G1 phase through induction of cell-cycle inhibitory protein p27, and decreased expression of cyclin-dependent kinase 4 (CDK4), as well as increased cytotoxic activity of lymphocytes against cancer cells (Journal of Experimental Therapeutic Oncology, 2003 May-Jun;3(3):147-58).

14) **CoEnzyme Q10 400 mg with Rice Bran Oil** (#CQR1): 1 to 2 capsules(s) twice daily with food; purified, concentrated source of ubiquinone (coenzyme Q10), a very powerful antioxidant, cellular energy optimizer and antineoplastic agent; demonstrated to promote shrinkage of solid tumors.

15) **Graviola 100 mg** (#N4703): 4 capsules three to four times daily, or 6 capsules two to three times daily, best taken between meals; purified, botanical extract of *Annona muricata* containing annonaceous acetogenins, very potent, anticarcinogenic phytonutrients that stimulate anti-tumorogenic, immune defenses and deplete energy production in abnormal cells thus starving and regressing tumors, along with herbal constituents that protect and repair liver cells from systemic toxicity.

16) **Green Tea Extract 100 mg (Decaffeinated)** (#GRE11): 2 capsules three times daily or 3 capsules twice daily with meals; purified, concentrated source of powerful, antimutagenic, antiproliferative and antineoplastic polyphenols, esp. EGCG (EpiGalloCatechinGallate), which inhibit cancer cell collagenases, the enzymes which destroy connective tissue matrix resulting in metastasis.

17) **Liposomal Melatonin Spray** (#LIPMS): 8, 10, 12 or 14 sprays in mouth 30 to 60 minutes before bedtime; hold nozzle one inch from mouth, spray, and swallow (2 sprays delivers 3 mg); high potency, superior quality melatonin that helps to improve sleep, balance mood, and support immune system function in patients with abnormal cell disorders.

18) **MyCommunity Host Defense** (#H38131): 2, 3 or 4 capsules twice daily; very powerful, comprehensive, enhanced, organic, medicinal mushroom complex, composed of a unique combination of seventeen, specially hybridized medicinal mushroom species, providing beta-glucans, arabinoxylane, cordycepic acid, glycoproteins, ergosterols, triterpenoids, and other myco-nutrients, which are essential for supporting natural immunity, which significantly augments T-lymphocyte natural killer (NK) cell ‘seek & destroy’ function against all abnormal cells and helps prevent and fight opportunistic infections.
19) **PectaSol-C® Powder** (#PSC45): 1 scoop three times daily in drink; Galectin-3 is a naturally occurring protein found in small amounts throughout the body, inside cells, extracellularly and in the blood stream; high levels of Galectin-3 affect cardiovascular, immune, and cellular health; **PectaSol-C® Professional Modified Citrus Pectin** promotes immune function by supporting T-cell, natural killer (NK) cell, and B-cell activation, and is a non-allergenic product clinically recognized for its ability to support healthy cellular proliferation.

20) **Super Artemisinin** (#ART29): 2 to 3 capsules twice daily; potent, anticarcinogenic and broad spectrum, antimicrobial agent; avoid taking vitamin E while using **Super Artemisinin** since it may interfere with its effectiveness.

21) **Turkey Tail Host Defense** (#H27333): 4 capsules twice daily, or 8 capsules once daily; purified, concentrated extract of *Trametes versicolor* mycelium demonstrated to powerfully activate T-lymphocyte natural killer (NK) cell ‘seek & destroy’ function against all abnormal cells, esp. breast cancer cells, and helps to prevent and fight opportunistic infections.

22) **VascuStatin** (#VASCU): 1 to 2 capsule(s) twice daily; extremely potent anti-angiogenesis agent which inhibits new tumor-related blood vessel formation and growth, thereby starving abnormal cells resulting in tumor regression.

23) **Recancostat 400** (#RECA3): 2 to 3 capsules twice daily between meals; extremely potent formulation of the critically important, intracellular antioxidant, glutathione, with AnthoRedoxin™, a proprietary blend of standardized, anthocyanosin-rich botanical extracts of *Beta vulgaris radix*, *Ribes nigrum*, *Sambucus nigra* and *Vaccinium myrtillus* with L-Cysteine that dramatically enhance absorption and effectiveness of active glutathione, which helps to significantly inhibit carcinogenesis and/or metastasis.

24) **Zyflamend** (#ZYF12): 1 to 2 capsule(s) daily; unique, high potency, organic, supercritical botanical extracts of *Berberis vulgaris*, *Camellia sinensis*, *Coptis chinensis*, *Curcuma longa*, *Ocimum sanctum*, *Ori num vulgare*, *Polygonum cuspidatum*, *Rosmarinus officinalis*, *Scutellaria baicalensis*, and *Zingiber officinale* possessing powerful, anti-inflammatory, antioxidant, antiproliferative, apoptotic and antimicrobial properties.

25) **Bio-D-Mulsion Forte**: 3 drops daily with meal; purified, concentrated, high potency source of 1,25-dihydroxyvitamin D3 shown to help prevent formation of and repair abnormal cells.

26) **IAG**: 1 tablespoon in food or drink twice daily; provides purified, concentrated arabinogalactans, which are potent immune modulator and antimicrobial agents; most effective when used in concert with **Aloe 200X**.

27) **Nitro-Greens**: blend one scoop with 16 ounces of other beverage, i.e., **L.O.V. SuperMeal** protein drink smoothie, with **IAG**, (see Additional Supportive Care) twice daily; provides rich source of phytonutrients, including isoflavones, polyphenols, natural carotenoids, betalains, glucosinolates, and isothiocyanates, as well as naturally occurring enzymes, vitamins and trace minerals from organic barley grass juice, organic wheat grass juice, organic oat grass juice, organic alfalfa grass juice, organic acerola berry extract, organic kamut grass juice, organic broccoli sprout concentrate, organic cauliflower sprout concentrate, organic beet juice, organic carrot juice, organic peppermint leaf, organic kale sprout concentrate, and *Stevia rebaudiana* leaf extract, which supports immune defenses against abnormal cells, and promotes daily detoxification, and cellular health.

28) **Selenomethionine**: 1 capsule twice daily with meal; an organic, readily absorbable form of selenium that functions as an integral part of glutathione peroxidase, an important antioxidant enzyme, is required for normal thyroid function, and is a critically important mineral for immune defenses against abnormal cells and viruses.

29) **L.O.V. SuperMeal**: blend 4 scoops in 12-16 oz. of water, and drink for breakfast daily; also, use for the fasting day once a week, taking a drink four times that day; a 100% organic, non-GMO (non-Genetically Modified Organism), gluten-free, dairy-free, soy-free, balanced, high protein, greens powder that is extremely nutritious, detoxifying, and systemically cleansing; 4 scoops provide nutritional equivalent of 10 servings or about 12 pounds of a broad, balanced spectrum of 100% organic, land and sea vegetables, fruits and sprouts, 20 grams of vegan protein and only 210 calories, the immune system modulating and enhancing, beta-glucan activity of five,
different, potent, organic, medicinal mushroom extracts, and a wide range of antioxidant, anti-inflammatory, anti-cancer phytonutrients, e.g., sulforphane, proanthocyanidin bioflavonoids, etc.

30) **More Greens**: blend one scoop with 6 to 8 ounces of water or juice three to four or more times daily; recommended to drink on an empty stomach; potent, anti-carcinogenic, super-food complex of organic spirulina, organic oatgrass juice powder, organic alfalfa whole leaf powder, organic kamut® whole leaf powder, organic barley grass juice powder, organic wheat whole leaf powder, arabinogalactins, rice bran solubles, inulin-FOS, organic carrot juice powder, bee pollen, cruciferous vegetable blend containing: broccoli powder, cabbage powder, parsley powder, kale powder; American Ginseng, shelf stable probiotic blend, Chlorozyme™, cracked cell chlorella, kelp, and broccoli sprout extract.

31) **Fulvic Zeolite**: 5 drops three times daily, best when mixed into More Greens drink; purified, concentrated, fulvic acid and clinoptilolite zeolites, a group of micro-porous, negatively charged, crystalline minerals with well-defined structures of the alkaline earth metals that help to remove positively charged toxins and heavy metals, balance pH levels, and restore normal, electrical conductivity in the body.

**DrM’s Recommendations:**

DrM recommends using agents # 1, 3, 4, 6, 8, 9, 10, 14, 15, 18, 20, 21, 22, 24, 25, and 27 initially as directed. Add other agents according to your symptomatic response and relief. Listen to your body. Everyone is unique.

**Additional Supportive Care:**

- **Strongly recommend** Constitutional Homeopathic Medical Consultation with a well-trained, licensed Homeopathic Physician experienced in the treatment of people with abnormal cell disorders! Go to [www.alternativemedcare.com](http://www.alternativemedcare.com)

- **Avoid** all sugar, refined carbohydrates, fried fatty foods, pasteurized dairy products, farm-raised fish and corn-fed meat and poultry.

- **Avoid** all alcoholic beverages, tobacco abuse, MSG, artificial sweeteners, artificial flavors and colors and synthetic preservatives.

- **Fasting** one day per week; drink **L.O.V. SuperMeal** for your three meals, and drink plenty of pure water for remainder of the day; fasting generates a ketogenic state that helps lower blood sugar and kill cancer cells.

- **Blend organic cacao powder** one tablespoon, **organic cinnamon powder** one teaspoon, and **organic lecithin** granules one tablespoon into **Nitro-Greens** smoothie for enhanced, glycemic (sugar), and lipid metabolism that inhibits abnormal cells, and promotes healthy cells

- **Read** *The Gerson Therapy: The Proven Nutritional Program for Cancer and Other Illnesses* by Charlotte Gerson

- **Drink** freshly made organic green vegetable juices daily as directed in *The Gerson Therapy* book.

- **Use** organic coffee enemas and castor oil enemas as directed in *The Gerson Therapy* book.

- **Do** low temperature (maximum 130° F) infrared sauna or Finnish sauna once or twice weekly.

- **Daily** meditation and/or prayers of gratitude for life’s blessings to nourish your soul.

**Resources:**
Obtain above nutraceutical agents #2 through #9 from PGL at (800) 527-9512, use #7876 to order. To order online from PGL, copy and paste https://www.progressivelabs.com/register.php into your browser window, register using #7876 under “Referred by,” and then place your order.

Obtain above nutraceutical agents #10 through #24 from Emerson Ecologics at (800) 654-4432, state Dr. Fleisher’s name to order. To order online from Emerson Ecologics, we will need to add your full name and current, email address to the Wellevate.com fulfillment web portal.

Obtain above nutraceutical agents #25 through #28 from Biotics Research at (800) 524-5183, use #VA-1896 to order.

Obtain above nutraceutical agents #29 through #31 from Purium at (888) 747-6733, use #54787 to create your own account to order at discount. To order online from Purium, copy and paste http://www.mypurium.com/drmcare/QuickShop into your browser window, select your items, and then enroll to order.

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Alternative DrMCare, P.O. Box 860, Nellysford, VA 22958, info@alternativedrmcare.com